

TIME TO RHYME



Yoga Baby is full of words that rhyme.
Here's an example: mat / pat or high / sky
Flip through the pages. How many pairs of
rhyming words can you find? _____

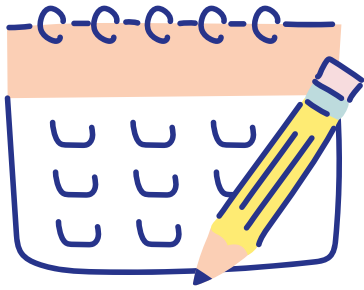
WHAT RHYMES WITH BOOK?

nook read shook woke hoot cake

like look took brook cook hook

A PLANK A DAY CHALLENGE

One minute per day for one whole week!



DID YOU KNOW?

Yoga is a fun way to exercise your body and your mind. It helps with focus, balance, flexibility and strength. You can do it anywhere!